

HAKOMI PRACTICE GROUPS

Selected members of our faculty offer Hakomi practice groups for students and graduates of our trainings. Practice groups focus on refining your Hakomi skills, deepening your understanding and practice of therapeutic strategy and developing your inner state as a practitioner. These small groups (usually 4 students) provide an opportunity to practice Hakomi Mindful Somatic Psychology in a live setting and receive feedback from an experienced certified Hakomi trainer.

All Hakomi practice groups currently take place online. We'll transition back to live meetings in the geographical regions listed below once we're able to do so. See dates, times and costs below, and please note that all times listed are Pacific time. You're welcome to contact the individual trainers listed below to find out about new openings in their groups. These trainers can also place you on a substitute list allowing you to participate in an existing group on an intermittent basis.

Online Practice Groups

Led by Scott Eaton, LMFT

For details, contact Scott at hakomi01@scotteaton.com.

Location: online

Group size: 4

Cost: \$100

Times: 10:00-12:00 (Pacific Time)

Dates: I run two separate groups, each meets 1x/month. Group 1 meets the second Saturday of each month and group 2 meets on the fourth Saturday of each month

Online Practice Groups

Led by Rob Fisher, LMFT

For details, contact Rob at wildtemple@aol.com

Group size: 4 - 6

Frequency: Every other week with ongoing commitment or possibility of subbing

Cost: \$125

Day/Time:

Seasonal couples group - evening

Monday 11:15-1:15

Wednesday 11:15-1:15

Thursday 10:00-12:00

Friday 9:30-11:30 and Friday 8:45-10:45 couples therapy group meets on alternate Fridays

Led by Shai Lavie, LMFT

For details, contact Shai at 415-608-1259 or shailavie@hotmail.com

Location: most groups are on Zoom, but some are at my office in San Anselmo, CA

Frequency: Once a month

Cost: \$100

Day/Time/Level:

Monday 10:30am-12:35pm (intermediate and advanced)

Monday 2:30-4:35pm (intermediate)

Tuesday 7:00-9:05 pm (intermediate and advanced)

Wednesday 3:00-5:05 pm (intermediate and advanced)

Friday 9:00-11:05 am (intermediate)

Practice Groups with Manuela Mischke-Reeds, LMFT

For details, contact Manuela at manuela@embodywise.com

Location: online 2-2.5 hrs

Frequency: Monthly with ongoing commitment

Cost: \$100

2025 Practice groups are full but open to subs. Email info@embodywise.com if you would like to sign up as a sub or to join the waitlist.

Monday: 9-11 am (6 people)

Tuesday Group #1 10-12:30pm (group size 6 people)

Tuesday Group #2 10-12:30pm (group size 6 people)

Wednesday Group 5-7pm (group size 4 people)

Practice Groups with Jon Eisman

Although Jon Eisman doesn't live in the Bay Area, he offers online practice & consultation sessions both for groups that form among themselves, and for individuals seeking personal consultation and development of skills. Please contact Jon directly to discuss your goals, scheduling and costs: joneisman17@gmail.com or 541-631-9383.

Practice Groups with Susan San Tara, LMFT - All groups are full

Practice Groups with Dave Fish, LMFT

For details, contact Dave at dvfish12@gmail.com

Dave leads practice groups online.

Group size: 4

Cost: \$90

Frequency: Monthly or biweekly

Day/Time: Monday 10:00-12:00

Practice Groups with Ashley Ross, LMFT

For details, contact Ashley at ashleyrosstherapy@gmail.com

Location: Online, and in office in Pasadena

Frequency: Monthly

Group size: 4

Cost: \$95

Day/Time:

Monday 6.30 - 8.30 pm

Thursdays 6.30 - 8.30 pm

Friday 11:00-1:00 pm

Please contact Ashley if you'd like to be on a waitlist for future groups (times may differ) or a sub list.