

## HAKOMI PRACTICE GROUPS

Selected members of our faculty offer Hakomi practice groups for students and graduates of our trainings. Practice groups focus on refining your Hakomi skills, deepening your understanding and practice of therapeutic strategy and developing your inner state as a practitioner. These small groups (usually 4 students) provide an opportunity to practice Hakomi Mindful Somatic Psychology in a live setting and receive feedback from an experienced certified Hakomi trainer.

**All Hakomi practice groups currently take place online.** We'll transition back to live meetings in the geographical regions listed below once we're able to do so. See dates, times and costs below, and please note that all times listed are Pacific time. You're welcome to contact the individual trainers listed below to find out about new openings in their groups. These trainers can also place you on a substitute list allowing you to participate in an existing group on an intermittent basis.

### Online Practice Groups

#### Led by Scott Eaton, LMFT

For details, contact Scott at [hakomi01@scotteaton.com](mailto:hakomi01@scotteaton.com)

Location: online

Group size: 4

Frequency: Each group meets once a month online. Times below are Pacific time.

Cost: \$100

Day/Time:

Friday 9:15-11:15

Friday 12:00-2:00

Saturday 9:00-11:00

Saturday 10:00-12:00

### Online Practice Groups

#### Led by Rob Fisher, LMFT

For details, contact Rob at [wildtemple@aol.com](mailto:wildtemple@aol.com)

Group size: 4 - 6

Frequency: Every other week with ongoing commitment or possibility of subbing

Cost: \$125

Day/Time:

Seasonal couples group - evening

Monday 11:15-1:15

Wednesday 11:15-1:15

Thursday 10:00-12:00

Friday 9:30-11:30 and Friday 8:45-10:45 couples therapy group meets on alternate Fridays

### **Led by Shai Lavie, LMFT**

For details, contact Shai at 415-608-1259 or [shailavie@hotmail.com](mailto:shailavie@hotmail.com)

Location: most groups are on Zoom, but some are at my office in San Anselmo, CA

Frequency: Once a month

Cost: \$100

Day/Time/Level:

Monday 10:30am-12:35pm (intermediate and advanced)

Monday 2:30-4:35pm (intermediate)

Tuesday 7:00-9:05 pm (intermediate and advanced)

Wednesday 3:00-5:05 pm (intermediate and advanced)

Friday 9:00-11:05 am (intermediate)

### **Practice Groups with Manuela Mischke-Reeds, LMFT**

For details, contact Manuela at [manuela@embodywise.com](mailto:manuela@embodywise.com)

Location: online 2.5 hrs

Frequency: Once a month with ongoing commitment

Cost: \$95 for 2 hrs, \$100 for 2.5 hrs

Wednesday 12-2pm (Trauma Study Group) (6 people)

Thursday 9-11am (group size 4 people)

Fridays 8.30-11 am (group size 6 people)

### **Practice Groups with Jon Eisman**

Although Jon Eisman doesn't live in the Bay Area, he offers online practice & consultation sessions both for groups that form among themselves, and for individuals seeking personal consultation and development of skills. Please contact Jon directly to discuss your goals, scheduling and costs: [joneisman17@gmail.com](mailto:joneisman17@gmail.com) or 541-631-9383.

### **Practice Groups with Susan San Tara, LMFT - All groups are full**

### **Practice Groups with Dave Fish, LMFT**

For details, contact Dave at [dvfish12@gmail.com](mailto:dvfish12@gmail.com)

Dave leads practice groups online.

Group size: 4

Cost: \$90

Frequency: Monthly or biweekly

Day/Time: Monday 10:00-12:00

## **Practice Groups with Ashley Ross, LMFT**

For details, contact Ashley at [ashleyrosstherapy@gmail.com](mailto:ashleyrosstherapy@gmail.com)

Location: Online, and in office in Pasadena

Frequency: Monthly

Group size: 4

Cost: \$95

Day/Time:

Monday 6.30 - 8.30 pm

Thursdays 6.30 - 8.30 pm

Friday 11:00-1:00 pm

Please contact Ashley if you'd like to be on a waitlist for future groups (times may differ) or a sub list.