

USING THE HAKOMI NAME WHEN PROMOTING YOUR WORK

To protect the integrity of Hakomi Mindful Somatic Psychology and the value of certification in the Hakomi Method, the name “Hakomi” is trademarked by the Hakomi Institute. The guidelines below guarantee that those who present themselves as Hakomi representatives are genuinely proficient in our work. We encourage members of our community to support appropriate use of the Hakomi name in their local regions.

Hakomi Graduates

May Say:

- They are Hakomi graduates
- They have training in Hakomi*
- They utilize Hakomi principles and techniques
- They are body-centered therapist or practitioners**

May:

- Assist in workshops and trainings
- Discuss/use Hakomi principles in workshops
- Refer to Hakomi in descriptions of their work

In California, you're considered a Hakomi graduate after completing two years of Hakomi Comprehensive Training or Hakomi Professional Training. Those still completing makeup hours for these trainings may not yet refer to themselves as Hakomi graduates.

**Graduates should only use the word "therapist" or "psychotherapist" in accordance with the guidelines of their state, province, country, etc.*

***When mentioning Hakomi training in your promotional materials, please use the full name of our work, e.g., I've been trained in Hakomi Mindful Somatic Psychology. Licensed clinicians may use the term Hakomi Mindful Somatic Psychotherapy if preferred.*

May Not:

- Officially represent Hakomi
- Teach the Hakomi Method
- Say or imply “I am a Hakomi therapist or practitioner”
- Use the Hakomi logo

A Certified Hakomi Therapist (CHT) or Practitioner (CHP)

May:

- Use the title CHT or CHP
- Say they practice the Hakomi Method
- Use the Hakomi logo

May Not:

- Teach Hakomi techniques
- Use the name “Hakomi” in any workshop or workshop title

A Hakomi Teacher

May:

- Teach with a trainer in Hakomi Institute trainings
- Teach alone in trainings up to 30% of total training contact hours
- Use Hakomi in the title of any workshop approved by their team
- Teach Hakomi introductory, process and specialty workshops

A Hakomi Trainer

May:

- Teach the Hakomi Method in all Hakomi Institute trainings, as approved by their teams