

## **USING THE HAKOMI NAME WHEN PROMOTING YOUR WORK**

To protect the integrity of Hakomi Mindful Somatic Psychology and the value of certification in the Hakomi Method, the name “Hakomi” is trademarked by the Hakomi Institute. The guidelines below guarantee that those who present themselves as Hakomi representatives are genuinely proficient in our work. We encourage members of our community to support appropriate use of the Hakomi name in their local regions.

### **Hakomi Graduates**

#### May Say:

- They are Hakomi graduates
- They have training in Hakomi\*
- They utilize Hakomi principles and techniques
- They are body-centered therapist or practitioners\*\*

#### May:

- Assist in workshops and trainings
- Discuss/use Hakomi principles in workshops
- Refer to Hakomi in descriptions of their work

*In California, you're considered a Hakomi graduate after completing two years of Hakomi Comprehensive Training or Hakomi Professional Training. Those still completing makeup hours for these trainings may not yet refer to themselves as Hakomi graduates.*

*\*Graduates should only use the word "therapist" or "psychotherapist" in accordance with the guidelines of their state, province, country, etc.*

*\*\*When mentioning Hakomi training in your promotional materials, please use the full name of our work, e.g., I've been trained in Hakomi Mindful Somatic Psychology. Licensed clinicians may use the term Hakomi Mindful Somatic Psychotherapy if preferred.*

### **A Certified Hakomi Therapist (CHT) or Practitioner (CHP)**

#### May:

- Use the title CHT or CHP
- Say they practice the Hakomi Method
- Use the Hakomi logo

#### May Not:

- Teach Hakomi techniques
- Use the name “Hakomi” in any workshop or workshop title

### **A Hakomi Teacher**

#### May:

- Teach with a trainer in Hakomi Institute trainings
- Teach alone in trainings up to 30% of total training contact hours
- Use Hakomi in the title of any workshop approved by their team
- Teach Hakomi introductory, process and specialty workshops

### **A Hakomi Trainer**

#### May:

- Teach the Hakomi Method in all Hakomi Institute trainings, as approved by their teams