

HAKOMI PRACTICE GROUPS

Selected members of our faculty offer Hakomi practice groups for students and graduates of our trainings. Practice groups focus on refining your Hakomi skills, deepening your understanding and practice of therapeutic strategy and developing your inner state as a practitioner. These small groups (usually 4 students) provide an opportunity to practice Hakomi Mindful Somatic Psychology in a live setting and receive feedback from an experienced certified Hakomi trainer.

All Hakomi practice groups currently take place online. We'll transition back to live meetings in the geographical regions listed below once we're able to do so. See dates, times and costs below, and please note that all times listed are Pacific time. You're welcome to contact the individual trainers listed below to find out about new openings in their groups. These trainers can also place you on a substitute list allowing you to participate in an existing group on an intermittent basis.

San Francisco and East Bay Online Practice Groups

Led by Scott Eaton, LMFT

For details, contact Scott at hakomi01@scotteaton.com

Location: online

Group size: 4

Frequency: Each group meets once a month online

Cost: \$100

Day/Time:

Friday 9:30-11:30

Friday 12:30-2:30

Saturday 10:00-12:00

Marin Practice Groups

Led by Rob Fisher, LMFT

For details, contact Rob at wildtemple@aol.com

Location: Mill Valley, CA

Group size: 4

Frequency: Every other week with ongoing commitment or possibility of subbing

Cost: \$95

Day/Time:

Monday 11:15-1:15

Wednesday 11:15-1:15

Thursday 10:00-12:00

Friday 9:30-11:30

Friday 8:45-10:45 (couples therapy group)

Led by Shai Lavie, LMFT

For details, contact Shai at 415-608-1259 or shailavie@hotmail.com

Location: San Anselmo, CA

Frequency: Once a month

Cost: \$90

Day/Time/Level:

Monday 10:30-12:30 (intermediate)

Monday 10:30-12:30 (advanced)

Wednesday 7:00-9:30 pm (intermediate)

Wednesday 7:00-9:00 pm (working with emotions study group)

Thursday 7:00-9:00 pm (advanced)

Practice Groups with Manuela Mischke-Reeds, LMFT

For details, contact Manuela at connect@Manuelam.com

Manuela leads practice groups online.
These are fluid groups, by invitation only.

Practice Groups with Jon Eisman

Although Jon Eisman doesn't live in the Bay Area, he offers online practice sessions both for groups that form among themselves, and for individuals seeking personal consultation and development of skills. Please contact Jon directly to discuss your goals, scheduling and costs: joneisman@HakomiCA.org or 541-631-9383.

Practice Groups with Susan San Tara, LMFT

For details, contact Susan at santaramft@gmail.com

Susan leads practice groups online.

Group size: 4-6

Cost: \$95

Focus areas: Working with the child/regressed states, attachment, working with character strategies, systems and energetic work.

Practice Groups with Dave Fish, LMFT

For details, contact Dave at dvfish12@gmail.com

Dave leads practice groups online.

Group size: 4

Cost: \$90

Frequency: Monthly or biweekly

Day/Time: Monday 10:00-12:00

Los Angeles/Online Practice Groups

Led by Ashley Ross, LMFT

For details, contact Ashley at ashleyrosstherapy@gmail.com

Location: Online

Group size: 4

Frequency: Monthly

Cost: \$90

Day/Time:

Monday 7:00-9:00 pm

Wednesday 8:00-10:00 am

Wednesday 6:30-8:30 pm

Friday 1:00-3:00 pm